H.O.P.E (Helping Ourselves through Peer Support & Employment)
Is now hiring for our **Sunday drop-in program. (Brantford, ON)**
Approximately 3.5 -7 hours per month
Please send resumes to: Joanne@hopebrant.ca
Closing date: February 14.2025
Wages: $21.18 -$21.88 per hour

POSITION TITLE: **Mental Health Peer Support Specialist**
Permanent Casual Employment

IMMEDIATE SUPERVISOR: Program Manager, H.O.P.E.

PURPOSE OF POSITION: To offer hope of recovery for consumers and provide support and linkages that help to improve their quality of life and ability to cope with daily stressors.

DUTIES AND RESPONSIBILITIES:

Consumer to Consumer
- to provide support and encouragement to consumers after hours
- to inform consumers about community and natural supports and how to use these in the recovery process.
- to use and teach problem solving techniques with individuals.
- to serve as a consumer advocate
- to teach consumers how to identify and combat negative self-talk
- to teach consumers how to identify and overcome fears
- to support the choices that consumers make and assist them in overcoming related anxiety
- to teach and role model the value of every individual's recovery experience
- to model effective coping techniques and self-help strategies
- to assist consumers to develop empowerment skills through self-advocacy and stigma-busting.
- to assist in sustaining mutual support groups
- to document contacts and statistics
- to maintain the confidentiality of personal information

Other Related Duties
- to attend monthly H.O.P.E. Staff meetings
- to undertake other relevant duties as assigned by the immediate supervisor

QUALIFICATIONS:

- high school diploma or equivalent. SSW or equivalent preferred.
- **Current or former consumer of mental health services & willing to self-identify and share personal experience of recovery**
- **Specific training in Peer Support preferred.**
- ability to role model competency in recovery and ongoing coping skills
- ability to assess and manage risk safely and effectively
- current first aid or CPR training
- a commitment to working within principles of recovery and psychosocial rehabilitation
- knowledge of community resources and systems in Brant, Haldimand, Norfolk
- willingness to work Saturdays/Sundays
- Safe Talk, ASIST and Mental Health First Aid Training would be an asset.