



LIVINGWORKS Start

A tool for hope in the COVID-19 outbreak



COVID-19 isolation is...

Putting an added strain on mental health

Disrupting face-to-face training

Impacting mental health providers and organizations

In times like this, more people can experience thoughts of suicide.

 **LIVINGWORKS** is here to bring hope and support.



LivingWorks Start: The ideal tool to respond



Online training that can be taken individually from anywhere in just 90 minutes

Trains people to look out for each other and keep them safe

Skills are useable in-person, over telepresence, or via text

Proven evidence-based curriculum

How we are helping our communities during the COVID-19 outbreak

Discounted LivingWorks Start to \$20 until the end of May

\$5 from each sale will support COVID-19 relief

Our team is available to help with remote support and implementation





Useable on any computer,
device, or tablet



A look at LivingWorks Start

Trains to recognize when others are struggling
and connect them to help

Ongoing access to practice and resources

Interactive learning and simulations



Building Networks of Safety

LivingWorks trainees become part of an integrated network, helping to support each other and keep their workplaces and communities safe



“This training was a great use of my time during work-from-home. I feel much better prepared to keep someone safe from suicide—even at a distance.”

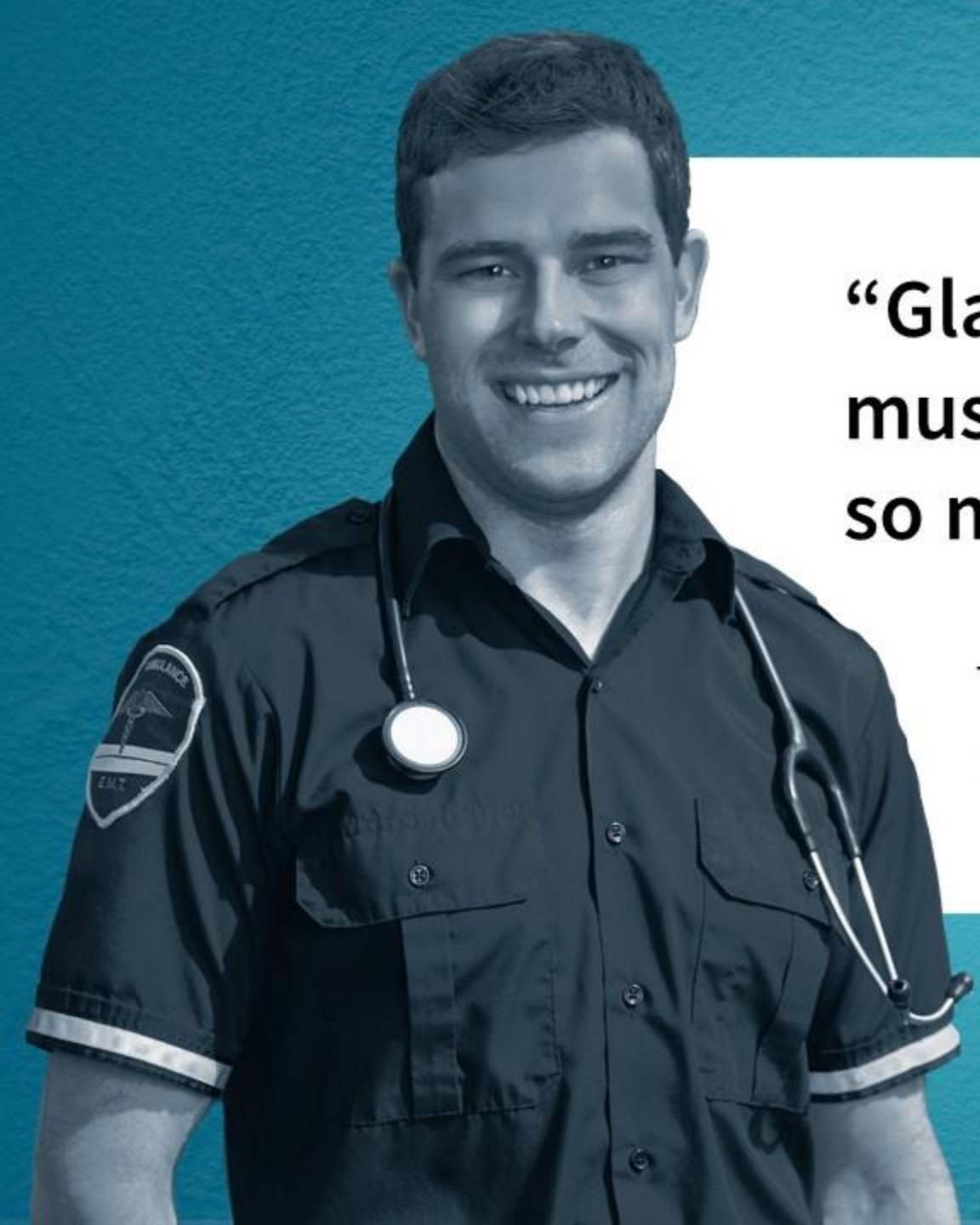
—Stephanie, Human Resources Manager, Calgary, Canada



**“The scenarios were believable and realistic.
You really see how you can apply it in real life.”**

—Quincey, US Army service member, Ohio, USA





“Glad for this training. These are must-have skills for people in so many fields.”

—Michael, EMS coordinator,
Brisbane, Australia

We're here to help

The LivingWorks team is available to help you bring these life-saving skills to your organization or community today.

Setup is easy, and we'll walk you through step-by-step.
start@livingworks.net

