

**H.O.P.E** ( Helping **O**urselves through **P**eer Support & **E**mployment)

welcomes you to our

## **AFTER HOURS PEER SUPPORT DROP-IN PROGRAM**

Drop-In Peer Support and  
Social/Recreational activities  
for persons living with mental health  
and/or substance related disorders

⇒ Individual & Group Peer Support

**When:** Every Saturday!

**Time:** 12:00pm to 2:30pm

**Location:** Phoenix Place Lounge  
175 Dalhousie St, Brantford

**Cost:** FREE!

### **Join us for**

- ⇒ coffee & chit chat
- ⇒ social interaction
- ⇒ games
- ⇒ crafts/activities
- ⇒ guest speakers
- ⇒ refreshments



For more Information contact HOPE

Phone: 519-751-1694 Email: [joanne@hopebrant.ca](mailto:joanne@hopebrant.ca)

[www.hopebrant.ca](http://www.hopebrant.ca)

 HOPE Brant @peersupportHOPE