




March 2020

Alternatives Activity Centre- Social Recreation

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>9-10:30 Gale's Breakfast Club \$2.75 10:30-12 Wellness Checks and Games 1-4 Apples to Apples Game Sign up day</p>	<p>3</p> <p>9-10 Coffee Hour 10-12 Board Game morning 1-4 Zen tangle with Leanne Sign up day</p>	<p>4</p> <p>Centre is closed</p>	<p>5</p> <p>9-10 Coffee Hour 10-12 Members Meeting/Calendar Planning 1-4 Geocaching with Jordan We will be going on the Brantford Bus (4C) to the Fairview Drive area -Dress for walking and bring bus-pass or \$6.00 for bus fare.</p>	<p>6</p> <p>9-10 Morning Drop in 10-12 Sewing with Mary our student 1-4 Re Source Thrift Shop- Commitment fee of \$2</p>
<p>9</p> <p>9-10 Wellness Checks 10-12 Yahtzee Morning 1-4 Bowling 10 pin \$10 for 2 games and shoe rental</p>	<p>10</p> <p>9-9:30 Drop in 9:30-11 Guest Speaker Fire Dept. 11-2 Lunch at Angels Restaurant- Commitment fee \$10 2-3 Afternoon Drop In</p>	<p>11</p> <p>Centre is closed</p>	<p>12</p> <p>9-10 Morning Drop in 10-12 ODSP Talk with Jeff Wickson 1-4 Metis Family Well Being Program doing a craft</p>	<p>13</p> <p>9-10 Coffee hour 10-12 Cross Stitching \$2 with Student Mary 1-4 Apples to Apples</p>
<p>16</p> <p>9-10:30 Leanne's Breakfast Club \$2.75 10:30-12 Guest Speaker: Friendship House 1-4 Darts at Moose Lodge</p>	<p>17</p> <p>9-10:30 St. Patricks word activities 10:30-12 Talk with Elaine about schizophrenia 1-4 St. Patrick's Party-Wear Green</p>	<p>18</p> <p>Centre is closed</p>	<p>19</p> <p>9-10 Coffee Hour 10-11 Mindfulness colouring 11-12 Guest Speaker Recycling 1-4 Share tips with each other on how to use smart phones</p>	<p>20</p> <p>9- 12 Coffee and Board Games 1-4 Bike Day Bring in your bike, we can have a look at it. Perhaps we can make minor adjustments and make recommendations on major repairs</p>
<p>23</p> <p>9-3 Limeridge Mall outing in Hamilton \$5 commitment fee</p>	<p>24</p> <p>9-10 Wellness Checks 10-12 Rummoli Morning 1-4 Talk on power of humor with Amy</p>	<p>25</p> <p>Centre is closed</p> <p>1:00 Executive meeting and phone calling to follow</p>	<p>26</p> <p>9-10 Morning drop in 10-12 Finger Knitting with Gloria from GRCHC 1-4 Movie afternoon</p>	<p>27</p> <p>Centre is closed</p> <p>Staff training</p>
<p>30</p> <p>9-10:30 Catlin and Kathy's Free Breakfast Club-\$2 commitment fee 10:30-12 Wellness Checks 1-4 Science experiments with Mary</p>	<p>31</p> <p>9-12 Telestrations Game with Jake 1-4 Bingo and Birthday Bash</p>	<p>Executive: President-Laura F. Vice President- Ed W. Secretary- Ruth N. Treasurer- Anita M. Reps- Catlin D, Leanne W, Leisah J. and Paula L.</p>		<p><u>Notes/Reminders:</u> -Time change is on Sunday March 8th -You need to pay when you sign up for activities or will be taken off the sign up list. Also need to give 24 hrs notice if cancelling.</p>